Apple App Store:
https://apps.apple.com/gb/app/e-system-visit-verification/id1477374402?ign-mpt=uo%3D2

Google Play Store: (The app store will tell you if the device is compatible or not)

Compatibility:

Apple:
iOS 8 and newer
  iPhone 5s & newer

Android:
Android 5.0 (Lollipop) & newer
  Devices will vary

Blackberry OS & Windows Mobile are not supported
Reset Apple ID Password:

On your iPhone, iPad, or iPod touch

1. Make sure that your device has iOS 10 or later.

2. Go to Settings.

3. Tap [your name] > Password & Security > Change Password, then follow the onscreen steps to update your password. For iOS 10.2 or earlier, tap iCloud > [your name] > Password & Security > Change Password, then follow the onscreen steps.

Need help with the previous step? You might not be signed in to iCloud. Open Settings and tap "Sign in to your [device]" > "Don’t have an Apple ID or forgot it," then follow the onscreen steps. For iOS 10.2 or earlier, tap iCloud > Forgot Apple ID or Password, then follow the onscreen steps.
Reset Google Password:

Change your password

1. On your Android phone or tablet, open your device's Settings app > Google > Google Account.
2. At the top, tap Security.
4. Enter your new password, then tap Change Password.